

The ROAR



The Official Student Newspaper of Brentsville District High School

12109 Aden Road

Nokesville, VA 20181

www.bdhs-theroar.org

November 11, 2018

Volume 11, Issue 1



New teachers: Meghan Ragghianti, Darrin Sheffer, Michael Kruse, Gina Butler, and Deborah Fleming. Photo taken by: Krista Shellenberger

New Teachers Join the Tiger Pride

Zia Sampson

Managing Editor

The 2018-2019 school year greeted five new teachers, one in nearly every department. To many, BDHS has become their new home.

Mrs. Gina Butler, the new physical education teacher, has been teaching in Prince William County since 1997. She attended the University of North Carolina Wilmington, originally wanting to be a marine biologist. She was inspired to become a teacher after watching her mother, who taught kindergarten for 34 years. "I wanted to help kids be better," Butler said. Because of her love of athletics, she decided to pursue physical education. Since she has had the unique experience of also teaching at TNS, she has gotten to teach students that she taught years ago, which has really made her first impression of BDHS a good one.

The English department has welcomed Ms. Deborah Fleming, who has been teaching for 14 years. She started working in technology but changed careers because she was unsatisfied. "I wanted to make a difference," commented Fleming. "Technology was build and replace. Teaching has a lasting impact." She got her teaching license from Western Governors University and received her master's degree in English from Morehead State University. For Fleming, the friendly people of BDHS have really made a positive impact on her.

Mr. Darrin Sheffer started teaching earth science and coaching football this year. He is in his fourth year of teaching; he previously taught at Gar-Field High School. He studied environmental science at Bridge-

water College, got his master's degree in biology from Chatham University, and earned his teacher's license through George Mason University. He had initially intended to be a college professor but opted for high school. "I'd rather have the relationship with kids and coach football," remarked Sheffer. Again, community has been the most notable part of his experience with BDHS. "I've already had parents introduce themselves and offer to help. Teachers say hi. It's nice to know people outside of the science department."

Mr. Michael Kruse, a new Spanish teacher, has taught for 20 years now. He received his undergraduate degree from Northwestern University and received his graduate degree from Millersville University. He decided to really chase education after volunteering with a group of kindergartners. "They were watching chicks hatch. I remember seeing how much they enjoyed it," said Kruse. He started by teaching elementary-schoolers. BDHS

has felt a lot like coming home for him; he attended a school in a very rural area. It was actually referred to as 'Manure High,' so 'Cow Pie High' was very familiar.

For a lot of students, the last new teacher, Ms. Meghan Ragghianti, may come as a surprise. This is because while this is Ragghianti's first year staffed at BDHS, she has spent the past two years working as a long-term substitute teacher. She attended James Madison University and has taught full-time for three years. She began teaching in hopes to inspire an "ah-hah" moment with her students. "I like math and helping others make it click," quipped Ragghianti. Like those previously mentioned, BDHS has given her a community that is hard to find at other schools in regards to both staff and students.



I wanted to make a difference... Teaching has a lasting impact.

Deborah Fleming, English Teacher



Mike, Julia, Linda, Mike Simms, Wendy, Richard, Allison Atkinson, & Kemp Clemens. Photo courtesy of: Alison Atkinson

A Legacy of Generations

Meredith Crockett

Editor

Founded on Sept 5th, 1929 as an elementary, middle, and high school, BDHS approaches their 90th year. At the time, it ranged from first to eleventh grade.

Over the years, many families have sent multiple generations through the school. Two of these families are the Simms/Atkinsons and the Hayeses, both of whom have a rich BDHS history.

Linda Simms attended BDHS from 1962-1966 and was BDHS' first Homecoming Queen. Speaking to how the school has changed since her days there, she said, "All we had was a typewriter and a telephone that plugged into the wall," referencing the many technological additions to BDHS since. At the time she graduated, there were only 47 people in her class.

Simms' husband, Mike Simms, attended the school from 1963-1967, grades 9-12. "We moved to the new building over Christmas break 1964," he recalls. He was also on the first BDHS football team, and played on the baseball, basketball, and track teams. He held the basketball record for most points in a single game for more than 30 years with 47 points. He also held the shootout record for a time.

Their daughter, Wendy Atkinson, also attended the school from 1986-1992. Atkinson says the biggest difference between them and now is that "Brentsville was a rural school, we didn't have very many kids that came from neighborhoods."

When Atkinson attended BDHS, there were about 88 people in her graduation class. Her brother, Mike Simms, attended BDHS from 1990-1997.

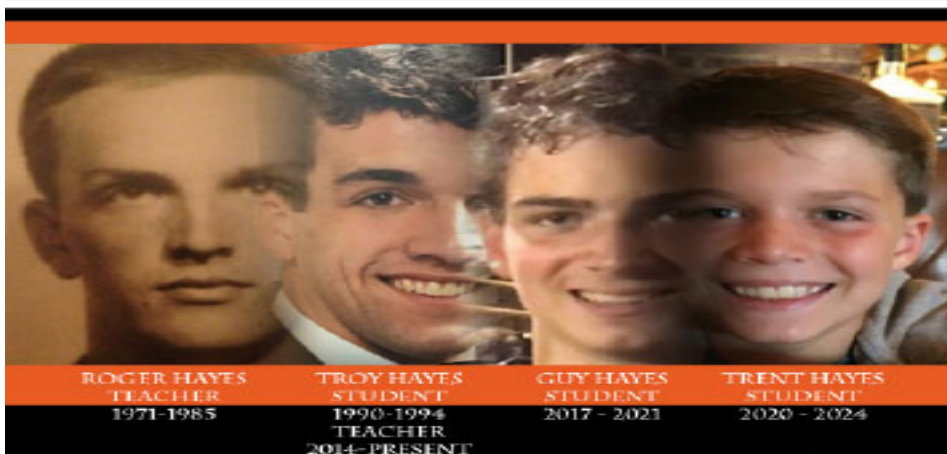
"All my friends and I knew each other our whole lives.... Everybody was included and could have a fun time.... Everything is... a lot bigger."

Troy Hayes, a current BDHS art teacher, and his three brothers also attended the school.

Hayes participated in the 1990 BDHS Technical Student Association as well as being on the basketball team. "[The best part of BDHS was] the small, comfortable feel," says Hayes.

After Hayes left the school, it became a high school and the middle schoolers moved to the current TNS building.

Later, Patriot High School was built and many Tiger staff and students moved to the newer school. BDHS was then intended to become a middle school, but a later decision was made to keep the school as it was, making it the oldest high school in the county.



The Hayes Family. Original artwork by: Troy Hayes



See *Students Tour Berlin* on page 3



See *Seniors Survival Tips* on page 10

Upcoming Events



November 8th
National Vanilla Cupcake Day

November 11th
Veterans Day

November 22nd
Thanksgiving Day

December 7th
Pearl Harbor Remembrance Day

December 2th-10th
Hanukkah

December 25th
Christmas Day

January 1st
New Year's Day

January 14th
National Dress Up Your Pet Day



Students from Theater Class are hard at work.. Photo Taken by: Ashley Abraham

A Lesson on New Classes at BDHS

Zia Sampson

Managing Editor

BDHS is offering a variety of new classes this year.

In the history department, Dual Enrollment (DE) classes are being offered through Northern Virginia Community College (NOVA) for US and VA History (USVA) and Government (Gov.). DE USVA is taught by Mr. Peter Wonders and is replacing the AICE course that has been taught in past years. By teaching a college class, it guarantees credit to all VA colleges, hopefully more in other states. "With AICE, it's a credit waiver," said Mr. Wonders. "By taking DE, the class is

always out of the way." Mr. Brian Taylor, the DE Gov. teacher, also prefers teaching DE over AP, as he has done before. "AP tries to mimic college, whereas DE is college," commented Mr. Taylor. For AP and AICE, getting the credit relies on passing an end of year exam. For DE, if a student does well in the class they get the credit. This class is best suited for students who understand the weight of a college class but attracts a wide base because these classes are required for most majors in VA.

IGCSE Global Perspectives, taught by Mrs. Carolyn Weddel, was also added. This class is very similar to AICE Global Perspectives in format. It consists of case studies and analysis of ethical, economical, and political aspects of the world. There are two main differences between IGCSE and AICE Global: IGCSE addresses less intense issues, objectively speaking, and does not have a Cambridge exam at the end of the year. Mrs. Weddel recommends that sophomores or juniors who want to take AICE in the future take IGCSE, as well as seniors who want the experience of the class without the exam.

Science is offering two new classes this year: Advanced Earth Science (Adv. ES) and Forensic Science (FS). Adv. ES, taught by Ms. Jacqueline Gerhard, is very similar to regular Earth Science (ES).

The largest difference is a faster pace and additional content. While ES covers all the necessary material for the class, Adv. ES incorporates research projects and web quests. "All this is to show student the connections between ES and current events- not just the obvious, like Hurricane Florence, but social, political, and environmental issues as well," explained Ms. Gerhard. Therefore, this class is best for students who are willing to put in a lot of time and effort into their work.

Another new elective offered at BDHS this year is word processing, taught by Ms. Stephanie Hughes. This instructional course on how to use components of Office 365. Ms. Hughes recommends this class for everyone because of the increase

of technology in the workplace.

Theater is a highly requested class that is being taught Ms. Ashley Abraham this year. It breaks down all of the different roles that go into a theatrical production: acting, stage crew, etc. There is also the opportunity to see live performances of shows put on by professional groups. This year, they have already seen Hairspray. This is best suited for anyone who wants to be involved in theater in the future or love it now.

All of these classes bring something new for the BDHS students to experience.

“AP tries to mimic college, whereas DE is college.”
Brian Taylor, Social Studies Teacher

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In Ms. Massie's room 2207

Friday, November 9th

SEE MS MASSIE FOR MORE DETAILS

Three Embarrassing Tiger Tumbles

Grace Dudas

The Roar Staff

Students and teachers at BDHS decided to share some embarrassing moments as the 2018-2019 school year kicks off.

One freshman shares an experience from eighth grade year. Her class was going on a field trip where everyone had to wear fancy attire. "A nice, almost ball gown-like attire," she said. Unfortunately, she showed up to school in a ball gown, having nice hair and shoes as well, on the wrong day. When she did not see other kids wearing nice clothes, she thought, "Oh, not everyone must not be going." But, when one of her friends told her it was not until the next day, she was very embarrassed. "I looked like something out of a Disney movie," she stated, "I

had the dress, I had the hair, I had the shoes, and everything." She did not have a change of clothes either, since gym was the next day.

The next story happened to an anonymous student in third grade. It was field day and they were on the basketball court, running around, when they had tripped over their own feet. Nobody stopped to help them. "Everyone was jumping around me," they explained. They had broken their nose that day and does not share it openly at all.

The last story is from Ms. Meghan Ragghianti. It was her very first day of teaching a class, and one student had come up and introduced themselves to her, who replied with, "Hi, I'm Meghan! I mean Ms. Ragghianti!" She was not used to introducing herself as a teacher. "I share it with other teachers and sometimes with my classes," she said, finding the moment funny.

Join Tutoring Club

for details
email Ms. Massie at :
massiesl@pwcs.edu.org

BDHS Students Tour Berlin, Krakow, Vienna, and Budapest

Alannah Post
Editor-in-Chief

July 2018 marked the third year the Brentsville Travel Abroad Program (BTAP) has toured Europe. This year, social studies

teacher Mr. Jeff Macdonald and two former BDHS staff took 20 students to visit Central Europe. Their destinations took them through six countries over 13 days.

They started their trip in Berlin, Germany, where they saw the Brandenburg Gate and remains of the Berlin Wall. Many of the cities this group visited have a rich and vibrant history, one that many American students learn about in their sophomore year history classes. Similarly, they also visited Krakow, Poland, and toured the Auschwitz-Birkenau Memorial and Museum. Created in 1947, the museum spans both of the death camps and serves as a memorial to the 1.1 million people whose lives were taken there as well as a space to educate visitors on the horrors that helped shape postwar-Europe. They also visited the Schindler factory and saw various locations where the movie, which won seven Academy Awards and

three Golden Globes, was filmed. After Krakow, the group moved on to the Hungarian capital of Budapest, where they got to take a boat cruise on the Danube River at night. Budapest is Mr. Macdonald's professed favorite city, next to Florence, Italy, and Prague, Czechia – the latter being

groups – one from Florida and the other from Texas – to fill a personal tour bus. A few particularly funny moments include a "Party in the USA" karaoke-slash-sing-along or Mr. Macdonald "stumbling into another concert in a church... I was just walking around the streets and then it's

ing because these people literally rose up from the ashes and overcame oppression." She and her sister, senior Charlotte Moore, both went on the trip.

The training for the tour was spaced over five meetings in the months before the trip, where students went over what to bring

and wear, like wearing comfortable shoes since they did a good deal of walking, as well as learning certain differences in culture that they would encounter across the Atlantic. For example, many public restrooms are not free in parts of Europe, so travelers must remember to bring coins for that purpose. Furthermore, not every country they visited uses the same currency. Germany and Austria both use the Euro, with Czechia

and Poland expected to be joining soon. Hungary's economy is struggling too much to join the European Union because of the damage done during Soviet occupation but is greatly improving because of tourism.

Mr. Macdonald is planning to chaperone a trip to Italy and Greece in 2019.



The Travelling Tigers stand in front of the Sanssouci Palace in Potsdam, Germany as part of one of many excursions on the 13 day trip. They visited over seven cities and traveled through six different countries on the tour that took them from Krakow, Poland, to Vienna, Austria. Photo Taken by: Stephanie Camarda

another stop on the nearly two-week tour.

While the cities they visited may not have been the most popular tourist destinations, as compared to places like Paris or Rome, Mr. Macdonald credits the group members as being especially great. The BDHS crew traveled with two other

like, oh, cool! It's a concert!". Additionally, there was an add-on activity in Vienna where they got to see samplings of Viennese ballet and opera.

"My favorite part of the trip was going to Berlin and seeing the wall," said junior Eliza Moore. "It was really sad but inspir-

Students interested in traveling abroad, follow *Brentsville Travel Abroad Program (@btapeurope)* on Twitter and Instagram, or contact Carolyn Weddel at WeddelCL@pwcs.edu or Andrew Batt at BattAD@pwcs.edu for more information.

Tiger Singers Take Manhattan

Zia Sampson
Managing Editor

Bright and early on Nov. 3, 2018, the Tiger Singers boarded a bus en route to New York City, where they would try to fit as much as possible into 12 hours.

They arrived in the city and immediately went to their first activity:

a session at Camp Broadway. The group was taught the opening number to the Tony Award winning musical *Once on This Island*, "We Dance." For an hour they worked with a vocal coach who helped them perfect their rhythm, pitches, and dynamics. "It was so rewarding to learn firsthand from a true Broadway professional," said sophomore Amelia Reedy.

Next, they were given a couple hours of

free time where they could explore the city and do some shopping. Some highlights included Saint Patrick's Cathedral, the Rink at Rockefeller Center, and the Nintendo store. Then they made their way to Radio City Music Hall, where they were given a tour of the historic building.

During their tour, they were able to sit in on a Rockettes rehearsal for their Christmas Spectacular. The third tour group had

the opportunity to see them perform their infamous pratfall, where the dancers slowly fall in a domino-like fashion.

Afterwards, students visited the Top of the Rock, which gave them a chance to take pictures of the city skyline. Then they proceeded to Ellen's Stardust Diner, where food was served with a side of live performances by the servers. "It was the most amazing time!" said senior Jasmine Meints. "I loved the food and the singing was so good. If I end up going to college in New York, it's the first place I'm applying." After dinner, the Singers broke from the itinerary for a surprise: Trianna Owens, a BDHS graduate and freshman at the American Musical Dramatic Academy (AMDA), was waiting for them across the street. She walked around and visited with her old friends until it was time to head to the show.

The Tiger Singers were going to see *Once on This Island*, a Romeo and Juliet story that tackles the issue of race and wealth divisions in the world with raw emotion and a tropical score. "The show was awesome. They had their own pond ON STAGE!" gushed junior Eliza Moore. "And learning the opening song made it even more special."

The New York trip, although short, was a wonderful time for all of the students!



Tiger Singers are excited to see "Once on This Island", a Tony-award winning Broadway musical. Photo taken by: James DuBois



Chem Lab



An Mathlete and Athlete's Blind Date

Mackenzie Huppert

The Roar Staff

The Roar staff arranged a blind date between sophomore Hannah Markos and junior Matthew Basala.

Hannah Markos loves reading and having "me time".

Matthew Basala is on Varsity football and wrestling.

Out of the Blue Crabs and Seafood provided the dinner. Here's what happened:

Hannah: I didn't feel a spark but I did think he was really sweet.

Matthew: I didn't feel a spark but I thought she was cute and sweet.

Hannah: I ordered a chicken sandwich and he got a burger.

Matthew: We both got waters and I got the burger and she got the chicken sandwich and then we got a cheesecake and she ate the whipped cream and I ate the cake part.

Hannah: We talked about sports, school and some stories about when we were younger.

Matthew: We talked a lot. Mainly about



Chem Lab participants Matt Basala and Hannah Markos. Photo taken by: Mackenzie Huppert.

school and sports, family, music. It was a lot of small talk.

Hannah: We talked a lot and it was mutual asking each other questions.

Matthew: I found the conversations engaging but I started them all.

Hannah: The most interesting part was

finding out who the date was with and if I was going to like him or not.

Matthew: I thought she was nice and really shy but it was refreshing and nice to see her break out of her shell a little.

Hannah: The only things we had in common were both our brothers go to Mason and study computer science and

our birthdays are in April.

Matthew: We didn't have much in common except for what our brothers study and they both go to the same college and that we both have at least one X chromosome.



Students who are interested participating in the Chem Lab experiment, go to bdhs-theroar.org and sign up on our homepage "Sign up for A Blind Date."



Out of the Blue Crabs and Seafood



5005 Wellington Rd, Gainesville, VA 20155

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The Lady Tigers' Spike it for Trevor's Treasures



The girls' volleyball team, also known as "The Lady Tigers," are playing for Trevor's Treasures. Photo taken by: Amy Beard

Jordan Jennings

The Roar Staff

BDHS volleyball hosts two spirit nights to help raise money for Trevor's Treasures and the IIB's Foundation, a breast cancer charity. They raise money for these organizations by having games, raffles, and bake sales. Everything raffled is donated from local businesses and parents, and the money this team makes from these nights goes right back to the organization to support those who are battling or survived cancer.

Trevor Blake lost his fight against Neuroblastoma at age 11 in 2013. He had the idea to raise money, host toy drives, and do whatever he could to make sure the other kids in the hospital were living a comfortable life. Their mission is simple - to put a smile on the face of every child that is sitting in a hospital battling cancer. They do this by bringing presents at Christmas time, organizing fun activities throughout the year and bringing in local athletes and celebrities to meet the children. The IIB's foundation creates what they call "Bosom Buddy Baskets". The IIB's Foundation is dedicated to providing comfort to women recovering from breast cancer mastectomy surgery by providing Bosom Buddy Baskets filled with valuable resources and recovery items to ensure no woman faces breast cancer alone.

During the games on both nights the team sets up fun activities and raffles to help raise money. These activities include cake walks, bake sale, serving games, and raffles - all set up with fun prizes. All the prizes that are raffled off and given away are donated by parents or local businesses. In between the Varsity sets the girls set up hula hoops and had a serving game, where shooting a hoop wins a prize. Another interactive game is the cake walk, which is like musical chairs. When the music stops, participants must get on a number and then a number is picked, and the person on the winning number gets to pick a treat. The raffle tickets are only one dollar, and

prizes include huge baskets or various other things. The best part is choosing which basket to put the raffle ticket in, so winners already know what their prize is going to be. The items that are sold during the bake sale are made by parents and those who want to help support the foundation.

For these games, the volleyball players wear special jerseys. For Trevor's Treasures night, Varsity wears baby blue and the JV team wears lime green. These represent the colors of the foundation, and they were also Trevor's favorite colors. On the back of the girl's jerseys it says Trevor's name and their number. For IIB's night both JV and Varsity wore pink shirts made by a team mom which say, "Dig for the cure BRENTSVILLE". The players not only wore these jerseys to just the games, but they wore them all day at school to make sure everyone knew to come to the game

Of course, the girls go all out on decorating the gyms for these nights. For the IIB's night, the gym was decked out in pink. There were posters, streamers, donation buckets and a pray wall. The pray wall was set up in the hallway and people could write the name of a loved one who is fighting or lost the fight to cancer. The game is played with a pink and white volleyball instead of black and orange. All of the BDHS volleyball players had pink shoelaces and pink ribbons in their hair.

On Trevor's Treasures night, the gym was all baby blue and lime green. There were posters explaining what the organization was and how they help kids battling cancer. Once again, there was a pray wall in the hallway, right in the doorway where everyone would see it. Keeping in with the theme, the girls played with a baby blue and lime green ball.

Overall these girls put so much time and effort into raising money for these organizations. All the money made goes directly to the charity organizations to help fund cancer research and support those who have struggled or are struggling with cancer.



The girls' volleyball team, also known as "The Lady Tigers." Photo taken by: Amy Beard



The football team is practising for a game. Photo taken by: Lauren Kohistani

Varsity Takes A Ride

Luke Binstead

The Roar Staff

Rituals, The football team went on the road to Kettle Run High School. The football game was intense and full of action even in the pouring rain. But before all that, BDHS prepared on the short 30-minute bus ride.

Although it is a very short ride from BDHS to Kettle Run, the neighboring high school is still much larger than BDHS. Nonetheless, the football team took them head on and prepared in the same fashion they would for any other team. But for this game, the football team was getting prepped on the bus.

Some of the underclassman players prepare differently than the upperclassman. Sophomore Aiden Lawhead said, "Before games I just hangout and talk to my friends". This response seemed typical from the underclassman, most likely because they are trying to enjoy the moment.

For these underclassman football is still just a game that they enjoy playing. As an underclassman you have a lot of time to continue your football career and still enjoy doing it. For underclassman there were no rituals, they did whatever on the bus and played in the game to the best of

their ability.

For example, Junior Ryan Krear said, "On the bus I just put on my headphones and blast Eminem to get pumped up."

As a Junior, Krear has about one complete year left to play football, and what is remaining of this current year. Maybe Krear knows he is coming down to the end of his career and is doing whatever he can to become prepared for the forthcoming game.

There were no specific rituals involved, no specific order of songs, no specific cleat went on first, the only thing they wanted to repeat every week was winning.

Lastly, there are many seniors who are at the last few games of their football career. Speaking on how he prepares on the bus before a game, senior James Brown responded, "I just like listening to music and thinking about the game."

It seemed like an on-going trend between seniors that most of them were very calm and focused on the current opponent. Games were winding down for most seniors, as winning was very important to them. Obviously, they were getting prepared on the bus to make the most out of the last remaining games they had.

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FALL SPORTS highlights



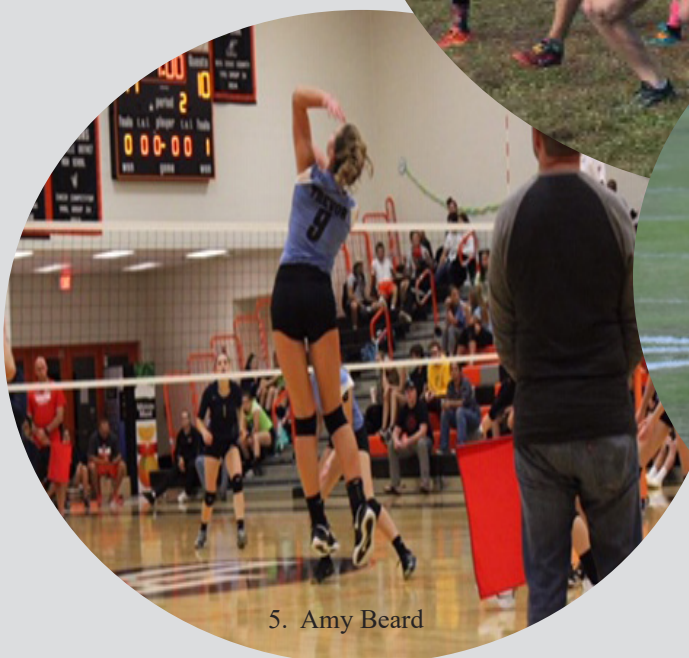
2. Abby Townsend



1. Rodney Manuel



3. Mary Ann Magnant



5. Amy Beard



4. Lauren Kohistani

1. The golf team won districts and came in second in regionals. 2. The cheer team had an amazing season winning districts and got second runner-up in states. 3. The Brentsville cross country teams won their districts, and are going to the States championship on Nov. 9. 4. The football team has their playoff game on Nov. 9. 5. The volleyball team plays for Trevor's Treasures to raise money for cancer research.

Heroes in Worn-Down Jerseys



Coach Joe Mullinax (right) hugging Captain Brady Whitlock (left). Photo taken by: Lauren Kohistani

Aidan McAvoy

The Roar Staff

In tattered jerseys, with sweaty faces and a fierce drive to win, the JV football team gives their all every game. On Sept. 28th, the JV football Tigers played the George Mason High School Stallions. In the pouring rain, the Tigers won by a blow-out: 38-0. It was a staggering victory; yet sadly, almost no one was there to see it.

Unfortunately, almost no one shows up to see them play. For the players, they feel the poor attendance does hurt their morale. A common opinion among the JV players was that JV games are hard to enjoy when the players do not feel like people want to come out to see them play. Some of the JV players agreed that their Thursday night games get little support from the larger community, knowing that most folks plan to attend the Varsity games instead.

"We aren't too different from Varsity. We still put on the pads and have the same rules," commented line-backer Cameron Wiegand.

"When you get onto the field you feel exhilarated, except when you look into the stands and see no support behind you," explained freshman Shen Plaster.

A popular comment from players was they felt that team morale may boost if they received some recognition. Many players commented that new uniforms for JV players would be a way to give recognition and make players feel more supported. Line-backer Cameron Wiegand said that "new uniforms would bring the team more excitement."

"It would give us pride and not make us feel like we get the bottom of the barrel," stated Weignad. Wiegand has been playing football for three years. He remarked that he "could have moved up to varsity," but decided to stay on JV for his team."

Many players agree and believe that recognition is well-deserved and that they have "earned the right for new equipment," reported several of the JV players, hopeful that their performance will get them this recognition.

All in all, JV players hold onto their Tiger pride, diligently giving the team their all; both on and off the field, hoping that one day more people will come to the games and witness it for themselves. And even though they realize the stadium may never be full, they still hold onto the dream of one day being able to look stellar in new jerseys, rather than play in the tattered ones they currently wear.

Bench Warmers or Reserved Players?

Cecilia Martinez

The Roar Staff

The football team has a "reserve" of players who do not get time on the playing field. These "reserve" players may not share the spotlight with the other players on the football team, but they are just as valuable. Not long ago, the term "bench warmer" was a slang assigned to players who didn't get on the field. However, despite this, coaches at BDHS demystify this stereotype, knowing the importance of "reserved" players, especially when key players get injured or while players sit out to recoup from injuries. The term "bench warmer" needs to be put to rest.

Another important distinction to make is that sometimes "reserved" players sit out due to injuries or past performance that coaches observed for that specific play, whether during practices or during former games.

Reserved players might not get out on the field as much as others but that does not make them less valuable. These play-

ers get the same opportunities as others on the team. Furthermore, players must work harder during practices in order to make up for the time spent not playing. In other words, players show their dedication to the team during practice to showcase their abilities for the purpose of securing a chance to repeat that same performance at practice.

As coach Joe Mullinax football coach says, "the goal is to win every game we play." Mullinax explains a "reserved" player or "bench warmer" is someone that does not get to play every Friday night. Coach Mullinax also commented that "The amount of play time does not matter; however, because each player has a unique characteristic that they bring to the team."

When asked if he could think of a specific player that does not get much playing time but always has a positive attitude. Mullinax said, "I can think of countless players, is a great example of a guy that came out for the first time this year and has done a good job on the scout team."

One player commented "I don't like being a reserve, I think about quitting after practice everyday. If it wasn't for my friends i would have quit a long time ago

because i never get in and just waste my time."

Another Reserve player said, "every week they give out a scout team player of the week, which pretty much means whoever is the best bench player receives an award, it is a total joke and an award that nobody wants."

"There are plenty of other guys who really do their very best to make us better, even though they don't see the payment for sitting out and would rather have playing time," Mullinax said.



Photo Taken by: Luke Binstead

Alumni, Zach Rosberry Trains for the Olympics

Ricky Hernandez &
Noah Fleishman

Sports Editor & Guest Writer

Wrestling is one of the most respected sports in Nokesville. Many great wrestlers come and go, one being Zach Roseberry, a BDHS alumnus. In wrestling, Roseberry has had a very impressive career and hopes he can make the 2020 US Olympic team, which is looking like a very realistic goal. Wrestling runs in the family--his brother was also a member of the team when he attended BDHS.

"[I] started wrestling in 6th grade after I didn't make the football team at Marsteller Middle School. My brother wrestled at BDHS and he encouraged me to wrestle, saying that it would make me a better football player and athlete," commented Roseberry.

"I had a pretty good career at Brentsville. Placed at states 3 times and won my senior year and finished my career record 183-30 which, I believe, is the most in school history which was a goal of mine to obtain," continued Roseberry.

At Delaware Valley University, he finished college wrestling with an outstanding 60-match win streak; he again set his goals high and worked hard. "I wanted to be the most dominant wrestler I could be my senior year, being a returning champ. I really tried to push myself past my comfort zone each practice, as well as each match."

Roseberry was ranked as the best wrestler in the National Collegiate Athletic Association (NCAA) and had won a title, but he did not want to stop there. "...I've always heard that winning a national title a second time is harder than the first and I think it's because there's always a target on your back when you're number one. I didn't want to be the guy that had that one good season and didn't win the next year. Each time I stepped out there I tried to show why I was the number one

in the country by scoring as many points as possible and dominating the match completely."

At the NCAA championship, Roseberry placed in the top four at Delaware Valley. He thanks his parents for what they have done for him and his wrestling career. "I wanted to be the best athlete that BDHS and DelVal ever had and wanted to give something back to my Mom and Dad

who had given me all the opportunities and sacrificed so much throughout my athletic and academic careers."

Roseberry's injury has not stopped him from achieving his goal of going to the 2020 Olympics.. "I'm taking some time off for the

time being. Over a decade of doing this sport and having no injuries has caught up to me, mentally and physically, and I need to get my body healthy again."



"I wanted to be the best athlete that BDHS and DelVal ever had...I wanted to give something back..."

Zach Roseberry, BDHS Alumni



Zach Roseberry pinned his opponent in a match at Delaware University. Photo taken by: Riccho Productions.



BDHS alumni Zach Rosenberry pinned his opponent on Senior Night at Delaware University. Photo taken by: University of Delaware staff.

Pounding the Rock to Another Win

Grace Gearhart

Sports Editor



Sophomore Isabel Bae. Bae has been featured multiple times as an up-and-coming young golfer in InsideNOVA. Photo courtesy of: InsideNOVA.com

On Sept. 18th, the Golf Team won Districts and took home yet another championship trophy. Their leading golfer was sophomore Isabel Bae with a score of 73, pulling the Tigers to a victory.

Winning Districts is not something new for the golf team; this is their second consecutive year finishing in first place.

"I felt incredibly happy and proud of my teammates," commented Bae.

During the golf season, the team competes in matches every week. The team practices weekly in order to prepare for these tournaments and matches.

The event this year took place at the Shenandoah Valley golf course. 10 total schools participated in the Districts tournament, with schools having their top players perform. "I always get nervous before I golf in

these major events, but I have so much faith in my teammates that I know we have the strength to win," smiled Bae.

Their Districts win set them up for success for the next major match. On the weekend of Oct. 6th, the golfers putted their way to second place in the annual States tournament. Nearly 20 schools total competed.

"I've made new friends and have experienced great things with my teammates. I'm ready to take on more challenges and come home with more trophies," quipped Bae.

The BDHS Golf team has incredible players that pull the team to these victories. Without hard work and dedication, the team would not be where they are now.

Homecoming, Tigers' Spirit

Spirit Week is a week long celebration at BDHS to get students excited for the annual homecoming dance. There is a different fun theme for each day. Both students and faculty members participate in Spirit Week. Two annual themes are the Class Colors on Monday and Black & Orange on Friday.



Monday, Class Color Day
Freshmen showed excellent school spirit! Mrs. Oberle's freshman class is decked out in yellow. Photo taken by: Heather Oberle



Tuesday, Tourist and Toga Day
The seniors continue the tradition of dressing in togas during Spirit Week. Photo taken by: Heather Oberle



Wednesday, Meme & Vine Day
The first Meme Day was a huge hit with all of the students! Photo taken by: Heather Oberle



Thursday, Twin Day
Three theater students and their teacher, Ms. Ashley Abraham, all wore matching club shirts for twin day. Photo courtesy of: Alannah Post



Friday, Black & Orange Day
BDHS students deck out in orange and black for the school day, pep rally, and homecoming football game. "Black and Orange Day is a classic. It just would not be a BDHS Spirit week without it!" Photo courtesy of: The Roar

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ITUNES TOP 5

1. "Natural" by Imagine Dragons
2. "Youngblood" by 5 Seconds of Summer
3. "On My Way to You" by Cody Johnson
4. "Simple" by Florida Georgia Line
5. "Mercy" by Brett Young

Movie Review:

To All the Boys I've Loved Before

Ellie Crockett

The Roar Staff

In late August, *To All the Boys I've Loved Before* (TATBILB) dropped on Netflix touching the hearts of those who watched.

The original novel was written in 2013 by Jenny Han. The teenage audience enjoyed it immensely. Amazon gave the book four and a half stars for superior quality, so the positive attention led to the filming of the movie.

Critics chalked TATBILB up to be a cheesy romance film, but viewers thought it to be much more. Numerous high school hardships are discussed throughout the movie including crushes, "it" girls, and bullying.

Lara Jean Covey, played by Lana Candor, is an average Korean American teen. She struggles with her intense crushes. She channels her frustration into five heart-felt letters addressed to her crushes. One day, the letters disappear. At school the next day, one of the boys that a letter was addressed to confronts her.

Peter Kavinski, played by Noah Centineo, had just been dumped by his on-again, off-again girlfriend. Jean and Kavinski devise a plan to win back his girlfriend and to clean up the wreckage that the letters caused.

Both Candor and Centineo's social media followings have grown exponentially upon the release of TATBILB. They did a masterful job at portraying their



characters. In the confrontation scene, both actors gave a spectacular and sincere performance. The over-all feel of the movie was very realistic. The plot and the way the actors portrayed their characters were reminiscent of a real high school.

To All the Boys I've Loved Before is a fantastic film that will make every teenager laugh, cry, and cringe at how realistic and relatable it is. It is a must see film for anyone who enjoys cute movies about high school troubles. It certainly deserves the title Most Adorable Movie of the Year.

Humans of Brentsville

Students Serving the Nation

Rachel Bush

Editor



Army recruit Shannon Hutchens. Photo taken by: Matt Hutchens

Shannon Hutchens attended the Army Basic Airborne Course (BAC) over the summer and is now a soldier that can shoot and apply tourniquets.

Her initial interest in the military was influenced by her Army heritage. Both of Hutchens' grandfathers served, as well as her father and brother. She felt the Army was where she belonged.

"I never really considered the other branches," Hutchens said. "...Looking back, I think the only other branch I would consider would be the Navy, but that's just because of the type of training I was looking for." Education, discipline, service, and opportunity were some of the benefits she says she received or is going to receive, from the military.

Hutchens will attend Advanced Individual Training (AIT) this coming summer before her first year of college. This training will help her prepare for a job as a 27D- Paralegal, which is someone who works alongside lawyers. Her ultimate goal is to become a lawyer; however, she hopes that becoming a Paralegal will help her on her way.

She says the military grants people a way to give back to the country that they take so much from. Hutchens thinks serving makes someone realize how much the men and women of the past gave up keeping America safe.

"I think people view the military in a

negative light because they're scared of what they do not understand," Hutchens said. "People don't really know what goes into serving and I'm only just discovering it."

Hutchens has not gone far in her career in the Army. She's still young and unsure how much her path could change. Despite this, she was fortunate that she had family members to help her with the initial recruitment process.

"When you first start to consider joining, the Army is so involved with all the offers, it confuses recruits so much that they stop considering enlisting," said Hutchens. "If they're confused, all they need to do is talk to the recruiters available for all branches at lunch. They'll hopefully try to clear things up."

Overall, the military gives its participants unique opportunities that they may not have been given otherwise. The men and women of the armed forces form relationships that will last for a lifetime and make memories that will carry them through the rest of their lives.

Hutchens was told by a Drill Sergeant that at the seven core Army values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage are easier to remember when someone actually lives by them. She intends to do just that.

"We are guardians of freedom and the American way of life," said Hutchens. "That's the Soldier's Creed."



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Finding Your Roar: One Senior's Advice

Halle Buttafuso

Managing Editor

Balancing family, friends, sports, and academics can be difficult and stressful but here are some survival tips to be successful in high school.

Socially:

Although the whole point of high school is to get an education, being social plays a huge role. For most, being surrounded by a bunch of unfamiliar faces can be nerve-racking. One piece of advice is to talk to at least one person in each class. Not only will it be comforting to know there is someone for you to talk to in the class, but they will most likely be relieved that they now have a friendly face to look for. If you remember that everyone is probably just as nervous to be around new people as you are, it can make talking to people easier. In the end, you may even get a good friend out of it.

Academically:

High school can be very overwhelming at times and though it can be very tempting to give up and not try your best on your assignments, do not. Especially as a freshman, grades are critical for following years, as they can make or break your GPA. So, no matter how small the assignment, give it your best effort because in the end it will pay off. If you find yourself struggling in a particular class, the most important step to improving is getting extra help.

Teachers are there to help you and by not accepting the help that is offered, you



A group of seniors is posing during the first day of Spirit Week - Class Color Day. Photo courtesy of: Halle Buttafuso

are only hurting yourself. Showing initiative and putting effort into your grade goes a long way and teachers will acknowledge and appreciate that. There are also other resources like the Tutoring Club, which can help you succeed.

Extracurriculars:

Extracurriculars are beneficial both academically and socially. They can be a lot of fun and help you explore your interests in a variety of activities. One helpful tip is to get involved in as many after school

clubs as you desire. It is a great way to not only make friends with similar interests but makes your college applications look good.

If clubs are not interesting to you, there are also a variety of sports teams that you can try out for. Sports are just as equally important and will give you the chance to make friends and explore your athletic abilities. Do not be afraid to try new things. You may end up involved in something you are passionate about.

General Advice:

Throughout high school you will encounter many new situations and experience new things. It is an inevitable time of change so go in with a positive attitude and make the most of it. Be friendly to everyone, take your academics seriously, and get involved.

Homecoming Takes the Win this Year



Some of the students that attended the Homecoming dance pose with the awesome DJ hired for the event. Photo taken by: Nicole Ardivino.

Noelle Lopez

The Roar Staff

The Tigers danced their socks off on September 29th in the gym. The theme this year was "Game Night." People from all grade levels helped set up decorations for the dance. "My favorite part was probably how people were using the blown-up dice as beach balls," said junior Paige Skews.

Everyone asked to take pictures at someone's house or a nice place that is outside. Freshman Brenna Jones said, "My group took pictures at someone from my groups house during golden hour. Golden hour is a time of day where the sun

is at the perfect spot for perfect pictures. Everyone looked so good!" A lot of groups went to Old Town Manassas where the train tracks and ice rink are.

Before the dance, everyone must eat in order to have energy to dance the night away. Freshman Sara Spence stated that her group, instead of going out, catered from Tuscani's, a local Italian restaurant. Skews says that her group stayed in and had pasta instead of going out to eat. Junior Jack Cataneno says that his group went to a friend's house to eat the amazing food that

her mom made. Drinks were being served at the dance, so the students stay hydrated and not pass out from dancing.



The Cotton Eyed Joe... got the dance floor filled with students.

Lacy Zier, sophomore student

During the dance senior Jasmine Meints said, "The best part about the dance was when I saw a girl sitting by herself and I got her up and dancing." One thing that was similar to last year's Homecoming was the photo booth. People throughout the night would use the photo booth to take amazing pictures and to make great memories.

The music played was a mixture of

every genre of music. Sophomore Laci Zier said, "Everyone's favorite song, The Cotton Eyed Joe, was being played, which got the dance floor filled with students." Meints liked the music that was being played, but felt that the DJ's transitions were awkward. Throughout the whole night there was never a song where the dance floor was empty. When a Michael Jackson song came on, junior Manuel Ramirez would dance like Michael Jackson, which got the crowd cheering and having a blast. The dance and the week leading up to the dance was a great first high school Homecoming week and dance for the freshmen to experience, and all-around amazing night that ended with great memories.

New Policies Foster New Possibilities

Rachel Bush

Editor

This school year, BDHS has implemented new policies that drastically change students' grades and cellphone usage. While many complain about the changes, the new policies benefit all parties involved.

Before, homework and classwork made up a significant percentage of students' grades. As many parents and teachers understand, homework and classwork are not always accurate representations of what a student knows. Classwork is usually worked on in pairs or groups, and homework is basically a free for all. Chances are, Google has the answers to the assigned worksheet, and if that fails, then another student can just post answers to their Snapchat story.

It used to be startlingly easy to have at least a C in any class because homework and classwork counted for so much. Now, only summative assignments hold any weight. This forces students to study and actually learn the material to keep good grades.

Aside from grading, students are no longer allowed to see teachers before 7:10 a.m. It may seem like a stupid rule at first, but it does a lot of good.

Teachers have to wake up as early, if not earlier than most students. Unlike most students, however, many teachers

have a long commute to work. This rule allows staff the peace of mind that they will not miss anyone stopping by as long as they make it to their classroom by 7:10. Students can also rest easy knowing that when they finally do get to drop by and see their teacher, they will most likely be there.

The extra time also gives staff the option to come early and know that they will have alone time to plan for the day. If things are hectic at home, then before the designated time they can have some much needed quiet to get things done.

Another drastic change is the strict cellphone policy, and every student at BDHS definitely has some choice words to say about this particular new rule.

No one likes to be separated from their phone for too long-- especially not teenagers. However, while having students put their phones into a holder across the room might seem a little much, it helps keep distractions at bay. Students can no longer avoid paying attention by playing 8-Ball or watching Netflix sneakily under the table.

Teachers also get to have control over something that kids actually care about. If a class does especially well, or if they deserve a reward, cell phone time can be permitted.

When it gets down to it, these policies benefit everyone. The rules promote learning, which, after all, is what school is for.



All Work and No Play Makes School a Dull Place

Zia Sampson

Managing Editor

Students returning to BDHS noticed one major change at the start of the year: a harsh set of rules and policies. These new restrictions have provided unnecessary stress that exacerbates the normal high school struggles.

The first noticeable change was the limited ability to see teachers in the morning. For many students, the morning is the best time to talk to teachers, not only to ask for help on school work but also to escape the craziness of the crowded hallway and cafeteria. Loud and busy spaces can trigger anxiety in some students and talking to teachers has created a consistent comfort zone. In these classrooms, students were able to build strong relationships with their teachers that could prove to be essential if they needed an adult to talk to.

Another change is the lock-down on cell phone use in the classroom. In the past, students have been allowed to use their phones to listen to music while doing classwork or when they have finished their assignments in some classes. Listening to music helps some students remain focused

on their work, while allowing them to use their phones reduces the amount of students who use them when they are not supposed to be. However, most classes now have a total ban on cell phone use. There is no first warning if a student is using a cell phone, which has led to more referrals this year.

Finally, there is the new grading system. Homework and classwork have been reduced to a very small percentage of a student's overall grade. Therefore, many students are struggling with finding the motivation needed to complete assignments and get the proper practice to perform well in class. Tests are now even more heavily weighted. If a student has test-taking anxiety, their grade is ruined by something they have little control over.

The new policies are causing more harm than good because they create a much more stressful environment for students. If school is not enjoyable, it is not effective.

The World Today: Environmentalism at BDHS

Alannah Post

Editor-in-Chief

Environmental concerns have been in present American media dating back to the late 19th century, and the environmentalist movement has only expanded since. Recently, the United Nations Intergovernmental Panel on Climate Change (UNIPCC) released a frightening report on climate change that paints a bleak picture of the world's consumption and expulsion of harmful greenhouse gases into the Earth's atmosphere. According to the report, if the world as a whole does not completely abandon fossil fuels in the next two decades, the adverse effects will be catastrophic. Even with the transition, however, there will still be consequences of climate change – it is a cycle of ice ages and devastating heat waves, something that cannot be prevented, but human action has made a serious impact on the speed with which the cycle moves.

Effects can already be experienced closer to home. In the last dozen years, Virginia has experienced five out of the top 10 warmest years on record, revealing a trend of unusually warm annual tempera-

tures throughout the nation. In the Pacific Ocean, a pattern referred to by climatologists as an "El Niño" made 2016 the hottest year on record worldwide.

Not only is there climate change to be conscious of, but also the razing of trees around the world, a phenomenon that only exacerbates the greenhouse gas crisis. Depleting the source of oxygen that helps clean out the atmosphere is bound to have negative consequences. A notorious example is the Amazon rainforest area, where many environmental activists and local residents are protesting the cutting of thousands of trees for lumber. Specifically to BDHS, many students and staff are well aware of the continual roadwork and construction along Route 28/Nokesville Road. This activity is not just a source of annoyance when roads are closed, but many have noticed the destruction of trees along these roads to make way for more lanes.

Seeking to bring attention to this issue and others like it is senior Charlotte Moore, founder and president of BDHS' Environmental Club. Moore is pushing for a more environmentally-conscious agenda in Nokesville, like planting trees in the community to replace those lost through construction or cleaning up trash

after sporting events. "We're visiting water treatment plants and talking to them about what we can do to have a cleaner water supply," said Moore. "I want to educate the school about environmental issues both in the community and globally." It is a daunting task, given how many Americans tend to treat these such

issues and their activists as for "hippies" or "tree-huggers" instead of problems that have serious consequences if they go unchecked. But young people have always been the ones spearheading the movement, most famously during the 1960s, and Moore sees no reason why BDHS should be an exception.



The continuous construction along Nokesville Road is both a source of annoyance for drivers and an environmental concern. Photo courtesy of: potomaclocal.com

Our Opinion: Mental Health and Education

Virginia has joined New York as one of the two states to pass legislation requiring more in depth mental health education for freshman and sophomore health classes. The goal is for adolescents to be able to identify and seek help if they start showing signs of depression or thoughts of suicide, the rates of which have risen dramatically in the last 10 years. Mental health education is crucial for kids and teenagers to learn at a younger age, as about half of these lifetime issues set in before age 14, but people will wait an average of 10 years before seeking treatment, the National Alliance on Mental Illness reports.

Depression is not the only topic to be covered in the curriculum – anxiety disorders and addiction are also part of the bill. Anxiety disorders affect around 32% of children aged 13-18, about 8% of whom say their disorder causes impairment of their everyday function. If there are kids and teenagers whose anxiety is so paralyzing that they are incapable of going to school, completing work, or developing natural social skills, that is a loss that will affect the rest of their life. Research shows that anxiety and depression disorders have a hand in causing substance abuse addictions, a serious problem among high school students. Prince William County

already has a unit dedicated to drugs in both the 9th and 10th grade health classes but explaining the potential link between addiction and other mental health issues could help prevent abuse. Dedicating time to students and helping them realize that depression and anxiety can and should be dealt with in a way that is safe and healthy will help prevent further damage in the future from self-harm or substance abuse.

Many of these disorders are easily treatable, but there is a stigma against talking about mental health that needs to be broken down. A conversation must be had, and since suicide is the second highest cause of death for adolescents aged 15-19 after accidental injury, it is clearly a significant problem among teenagers. The fact that so many teenagers dealing with these issues are uncomfortable talking about it to the point that suicide seems to be the only option is a frighteningly bleak depiction of how mental illness is treated by society. That can change, and the stigma does not have to block a discussion that starts with comprehensive education.



The ROAR

12109 Aden Road, Nokesville VA, 20181
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 THE ROAR, a public forum for student expression, is published four times per year for Brentsville District High School and the surrounding community.
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The Roar welcomes letters from students, staff, and community members on topics of interest to the readership. The opinions and viewpoints addressed in the letters to the Staff will be included on the Viewpoint page as deemed appropriate by the Staff.

Letters must be kept to 250 words or fewer. Letters will be edited for length, grammar, and spelling. All letters must be signed with a full name, not initials. Letters will be edited for libelous content. An address and telephone numbers must be included. The phone number and address are not for publication, but must be provided. Not all letters make it into the paper. Letters may be placed in the adviser's school mailbox, emailed to bdhstheroar@gmail.com, or mailed to *The Roar*, Letters to the Editor, 12109 Aden Road, Nokesville, VA 20181.

The Roar Report

A No-school November is here!

B A new sound system has been installed in the auditorium.

C The end of the quarter brought a stressful week.

D It went from 80-degree weather to freezing in the span of a day.

F Brentsville is still broken. Some rooms are like saunas while others still freeze.