

# MOTIVATION & PROCRASTINATION

Procrastination has always been an insanely large for students all over but ever since online school started, the problem is bigger than it's ever been before. Along with it motivation has been at an all time low since the beginning of quarantine. But you don't have to take my word for it, here are the actual numbers.

66%

OF STUDENTS  
STRUGGLE WITH  
PROCRASTINATION

73%

OF STUDENTS  
HAVE TROUBLE  
MOTIVATING  
THEMSELVES

52%

OF STUDENTS USE  
MUSIC TO FOCUS  
ON WORK

54%

OF STUDENTS  
DON'T TURN IN  
THEIR WORK ON  
TIME

69%

OF STUDENTS USE  
TO-DO LISTS TO  
STOP  
PROCRASTINATING

47%

OF STUDENTS  
HOLD THEMSELVES  
ACCOUNTABLE  
FOR LATE WORK

51%

OF STUDENTS USE COLORS IN  
THEIR NOTES TO STAY ON  
TASK